

**PRESENT**

Pre-Registration and  
Race Bag Pickups  
December 11

4 pm - 7 pm



5<sup>th</sup> and Main, Nashville



Prevent Child Abuse  
Tennessee

Continuing Support By



**Saturday December 12, 2009, 9:00 a.m.**

**Shelby Bottoms Park, Nashville, TN**

Benefiting

**Prevent Child Abuse Tennessee**

Registration Fees: \$25 pre-registered before December 10th • \$30 day of race

Return Registration to: PCAT 4751 Trousdale Dr., Suite 201, Nashville, TN 37220

Fax: 615-383-6089 Register Online at: [www.pcat.org](http://www.pcat.org) [www.active.com](http://www.active.com)



Call PCAT at 615-383-0994 for more information

- T-shirt guaranteed if registered by Dec. 4th
- Post race refreshments, awards, door prizes
- Registration begins promptly at 8:00 am
- Must be registered by 8:30 am; Race begins 9:00 am
- Chip Timing
- Certification # TN 01020 RH
- Course begins on Park Road
- **Titans Cheerleaders will start the race!**



**REGISTRATION AND WAIVER**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Sex: \_\_\_\_\_ Age on December 12, 2009 \_\_\_\_\_

Email Address: \_\_\_\_\_

Circle Shirt Size: Youth L Adult S M L XL XXL

Fee: \_\_\_\_\_

In consideration for accepting my entry, I, for myself, my heirs, executors and administrators, waive and release forever any and all rights and claims for damages I may have against Prevent Child Abuse Tennessee, its directors, officers, employees, agents and assigns, and any and all participating sponsors and supporters. I also release the above named for all claims of damages, demands, and actions in any manner due to any personal injuries, property damages, or death sustained as a result of my traveling to and from my participation in said race. I attest and verify that I am physically fit and have sufficiently trained for the competition of this event. I hereby grant PCAT and all sponsors permission to use my name, photograph, and likeness in any broadcast, telecast, or media account of the event. In filling out this form, I acknowledge I have read and fully understand the terms of its agreement.

Signature: \_\_\_\_\_ Parent's Signature (if under 18) \_\_\_\_\_

Payment accepted by VISA or MC

Credit Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Name on Card \_\_\_\_\_